SLU 301 CONFERENCE PACKET

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Student Leadership University 301 Conference Packet

At the third level of your SLU journey, you will step into the stories and spaces that shaped the world. You'll stand where Wesley preached, where Lewis dreamed, where Churchill led, and where heroes stormed the beaches of Normandy.
SLU 301 is more than a trip—it's an invitation to think, dream, and lead at a higher altitude. This packet will guide you through everything you need to prepare so you can maximize this once-in-a-lifetime experience.

Four Things you Need to Know:

1. **START PREPARING NOW**
   Great leaders prepare long before they arrive. Begin reading about:
   - Winston Churchill
   - John Wesley & the Holy Club
   - C.S. Lewis & J.R.R. Tolkien
   - King Henry VIII
   - WWII & the history of Normandy
   - British Museum & British Library treasures (Magna Carta)

   Check out the SLU recommended reading list to prepare for SLU 301.

2. **COMPLETE ALL REGISTRATION REQUIREMENTS ON TIME**
   We require more information for SLU 301 since we are traveling internationally. Missing deadlines can delay your flight, ferry, or train ticket.
   Important notes:
   - Passport — If you do not have one, apply immediately. It must be valid six months past July 26, 2027.
   - March 19, 2027 — Final passport & attendee information due
   - April 19, 2027 — Domestic flight info, dietary restrictions, rooming list, and final payment due.
   - May 10, 2027 – while not a requirement, if you want an SLU 301 T-shirt, this is the deadline to order it. Click here to access the order form.

3. **CONSIDER ENTERING THE SLU 301 ESSAY CONTEST**
   Share a lesson you've learned about leadership from a person, place, or event in European history or from a site we will visit.
   - Max **400 words**
   - Email to alumni@studentleadership.net
   - Subject line: **SLU 301 CONTEST**
   - Due **July 8, 2027 -** Winners will be announced onsite at SLU 301.

4. **ENJOY THE BENEFITS OF BECOMING SLU ALUMNI**
   SLU 301 opens the door to:
   - SLU 401
   - SLU summer program staff
   - Student Alumni Ambassador Program

This is not the end of your SLU story—it's the beginning of a new chapter!

LONDON OXFORD NORMANDY PARIS

SLU 301 2027 Schedule Overview

NOTE: All schedules are subject to change should SLU deem it necessary to do so. Final schedule will be sent as part of the final briefing emailed by July 2, 2027 Remember, blessed are the flexible.

Sunday, July 18th: DEPARTURE DAY

- Make sure and try to get some rest before you board the plane (which we know is hard sometimes as you are busy packing and preparing to leave town- but you will be glad you did). You are going to be on an overnight flight to Europe (typically 7+ hours) and want to make sure you are ready to roll when you arrive the next morning!
- Dress for the day is casual, comfortable clothes. Just remember it gets cold on the plane.
- If you can, you should change money over to GBP before taking off for your international flight if you have not done so already.

Monday, July 19th: WELCOME TO SLU 301 & WINDSOR

- **Heathrow Airport Arrival**: Upon arrival into London (most groups will arrive in Terminal 3), go through customs, and claim your luggage.
    - **If your luggage is lost:** Pass this message on to another SLU attendee so that SLU staff at Heathrow can be informed. Proceed to the lost luggage area and fill out forms with the London hotel information (Heathrow Renaissance Hotel – Bath Road, Hounslow, England TW6 2AQ). Make sure you do not leave until you have a contact name and number to continue to track your luggage. It normally helps to have someone in the states to continue to help track this until you have confirmation that your luggage has arrived in London.
- **Once You Have Your Luggage (or your lost luggage claim information):**
    - Meet SLU staff at the Arrivals Hall of Heathrow Airport where they will all be wearing the special **SLU Staff T-Shirt.** Make sure to have your SLU nametag on so we can identify you.
- **For Attendees who booked their own flights or arrived early**: a separate email will be sent to you with instructions on where to meet the SLU Group. For the most part, if you arrive in London early, you will meet the SLU group at the hotel, and if you are flying into London the morning of July 19th, we will customize your instructions based on what time/ terminal you fly in.
- After arrival, we will board our coaches for breakfast and SLU 301 Welcome Session at the hotel. We will not be checking into the hotel until the evening, so plan to come off the plane or change at the airport in your outfit for touring Windsor. You will drop your large suitcase at the hotel to be stored until the evening and receive your syllabus here from your SLU staff member.
- Then we will be off to explore the **city of Windsor** where history is full of lessons you can apply to your lives today! You will get to tour **Windsor Castle**, the oldest and largest occupied castle in the world! You will also have time to get lunch on your own while we explore the city.
- In the evening, we will then depart for the hotel to check in for one night, have a private dinner and SLU 301 session.

Tuesday, July 20th: FERRY & NORMANDY/ WINCHESTER

- HERE WE GO! In the morning we will be boarding our FERRY for a trip across the **English Channel** – amazing! Dinner will be on board. This is a 5 ½ hour ride and is a favorite of past attendees as you can catch up with SLU friends.
- We then arrive in Caen, France and board the SLU coaches to go to different hotels in Normandy for the evening (we are only staying at these hotels one night).
- Depending on Ferry time, your group will either have touring time before the Ferry in Winchester or after your scheduled Ferry in Normandy.
- Dress for the day is casual, comfortable clothes.

Wednesday, July 21st: NORMANDY

- **Get Ready to Storm the Beaches!** Today is an all-time favorite for our SLU alumni! **American Normandy Cemetery** and SLU wreath laying ceremony, **Pointe du Hoc**, and a picnic lunch on **Omaha Beach.**
- **Special dress guidelines for Normandy**: Normandy is hot but windy. A sweatshirt or light jacket is a must. Collared shirts (for men), blouses or nice tops (for women) and jeans/pants/capris should be worn this day. We dress this way at Normandy out of respect for our visit to the American Normandy Cemetery. **We just ask that no T-shirts or shorts are worn on this day**.
- After our time in Normandy, we will spend the afternoon driving to Paris arriving in time for dinner.

Thursday, July 22nd: PARIS

- We have an early start for breakfast before another SLU private session and then we depart for a full day of Paris touring. The coaches are split into groups for touring at the newly opened **Notre Dame**, **Rodin's Sculpture Gardens**, a picture stop at the **Eiffel Tower**, the **Invalides**, the **Arc de Triomphe**, and more!
- You will have lunch on your own during your Eiffel Tower time.
- Dress recommendation for Paris is to think in layers using breathable fabrics. Paris is usually hot, hot, hot.

Friday, July 23rd & Saturday, July 24th: LONDON

- Get ready to rise and thrive! It's an early start as we travel back to London. It is "All Aboard" for the Eurostar, the high-speed rail that takes you under the English Channel in style, all the way to London! We arrive at St. Pancras Station-London and are whisked away by private coach to begin three days of touring in London and Oxford!
- Upon arrival back in London, we have some SLU all-time favorite moments as we continue to tour London via private coaches! As time allows we will explore **St. Paul's Cathedral**, the **British Library,** a visit to **Bunhill Fields** and a Private Session at **Wesley Chapel**, Parliament Square**, Tower of London, Victoria and Albert Museum,** Tower Bridge**,** Piccadilly Circus, **pictures at Buckingham Palace**, and more!
- We will end the evening of each of our London days with a private dinner at our hotel and session.

Sunday, July 25th: OXFORD & SLU GRADUATION DAY

- We are off to **Oxford** for SLU Graduation! This is a special time when all SLU participants are challenged regarding what is next in their leadership journey. Dr. Brent Crowe and Dr. Jeff Wallace will pray over every group of SLU graduates.
- Then you will have some free time and lunch on your own in Oxford to choose your own adventure! You can walk along the path where C. S. Lewis and Tolkien spoke of the Scriptures and held each other accountable for their dreams and goals. Or you can choose to walk the halls where John Wesley studied, prayed, and prepared for ministry. Or visit Christ Church to see the Harry Potter dining hall or pick one of the other grand adventures Oxford has to offer. Or you can simply wander the streets of Oxford shopping and exploring.
- Finally, we will enjoy a private SLU session in Holy **Trinity Church** where **C. S. Lewis** worshipped before returning to the hotel for our SLU 301 closing session.

Monday, July 26th: TIME TO HEAD HOME

- For those who booked flights through SLU, you will be given your assigned time to board coaches for the airport. We leave for the airport 3 1/2 hours before departure (this may be adjusted if border restrictions are adjusted).
- For those who booked flights on their own, you can make arrangements back to the airport easily because our hotel is so close to the airport. They have an airport shuttle called the Hoppa or you can Uber for under 10 GBP typically.
- When you arrive at the Heathrow airport, get a boarding pass with a seat number (if they tell you it will be assigned at the gate, tell them you are a minor traveling with a group and must have it at check-in), go through security, and proceed immediately to the boarding area. Keep a close watch on the monitor as the British airports sometimes do not post the departure gate until a few minutes before boarding and it can take as long as 20 minutes to walk to the gates.
- Once you arrive in your domestic connecting city, go through customs, claim your luggage, and walk out to the area to recheck your luggage for the final flight home. Again, go immediately to the train and then proceed to your flight boarding area. Allow a minimum of 2 hours for this process.

SLU Hotels

- **NORMANDY**: Coaching groups will be in different boutique hotels while in Normandy. Specific hotels will be sent prior to the trip.
- **PARIS: Marriott Paris Rive Gauche Hôtel,** 17 Boulevard Saint Jacques, 75014, Paris France
- **LONDON: Heathrow Renaissance Hotel**, Bath Road, Hounslow, England TW6 2AQ, United Kingdom

Frequently Asked Questions

Do I need a passport or VISA for SLU 301?

- **Passport:** Everyone registered for SLU 301 will need a passport. The passport must be valid for six months after the completion of the trip.
    - If you will be traveling with SLU 301 with a passport from a country other than the US, it is your responsibility to confirm the specific requirements by both the UK and France regarding the passport you hold and obtain a VISA in advance, if necessary.
- **UK ETA**
    - Launched in 2025, US passport holders need to obtain an UK ETA to enter the United Kingdom cost is 10 GBP so about $12.83). Each individual attendee must apply for this themselves (SLU cannot do this for you). Once received it is good for two years. You must have your passport to apply. SLU recommends you do this immediately. Once received, we recommend you travel with a printed copy of this email confirmation. Click here to apply. We recommend going directly to the UK government site linked here and not a third-party site. Once obtained this is valid for 2 years.
- **ETIAS for Europe:**
    - Starting in late 2026, US passport holders will need to obtain an ETIAS (European Travel Information and Authorization System) Visa waiver to enter Europe (cost is estimated at 7 Euros so about $8) . Click here to learn more. Currently this has posted as needed in late 2026 but an exact date has not been posted yet, but you should plan on this for 2027.

Do you recommend getting travel protection overseas?

We strongly recommend that you purchase travel protection as SLU prepays all hotels, meals, transportation, etc. 45 to 120 days before departure. Therefore, we cannot pass a refund on to you other than as noted below. Travel protection must be purchased through the portal within 10 days of your first payment to SLU if you want the Cancel for any Reason Optional Coverage; you cannot add it after this date. Click on this link to find out more about the travel protection options.

What do I need to do/ submit before I can attend SLU 301?

- Click here to view the complete conference check list and see below for a summary of what is due and when.
- *120 days before departure*
    - Your passport information and Completed Attendee Information
- *90 days prior to departure*
    - Final payment and Rooming List
    - Dietary Restrictions
    - Domestic Flight Information
    - If you booked your international flight separately, this information is due.

What is the cancellation or change policy for SLU 301?
Because of the nature of international travel, any changes, transfers or cancellations will incur additional costs to Student Leadership University. To offset these costs, the following fees will apply.

Cancellations:

- 120 days or more before departure: Deposit will be lost
- 91-119 days before departure: 30% of the total cost of the program will be forfeited
- 61-90 days before departure: 50% of the total cost of the program will be forfeited
- 0-60 days before departure: 100% of the total cost of the program will be forfeited

Transfers or Changes to Accounts:

- 120 days before departure: no transfer fee
- 61-119 days before departure: $50 plus the cost of the airline ticket change (if airline allows)
- 14-60 before departure: $100 plus cost of the airline ticket change (if airline allows change)
- 13 days and under before departure: transfer may not be possible due to VISAs and airline ticket regulations. If transfer is possible, all costs incurred by SLU will be transferred to attendee.

Are there age limits or requirements to attend SLU 301?

- **Before Attending SLU 301:** All attendees under the age of 18 must have completed the SLU 101 and SLU 201 program before attending SLU 301. We also recommend spreading the experiences out and not completing them in the same summers when possible. Chaperones must be 18 or older to attend.
- **Age Requirements:** There is not an age limit on SLU 301 attendees. The only requirement is that a student who is under 18 must attend with an adult chaperone. Many students attend while they are in college or have graduated, and other students attend with an adult family member.

Can families or parents travel to 301 with their students?
Families are welcome! We encourage adult family members to take the opportunity to attend SLU 301 with their students as SLU encourages families and parents to travel together to our international trips. These trips are life transforming and are a wonderful way to build memories together as well as for you and your children to grow together in faith and in setting goals for the future. Siblings may attend if they are over 18, **as we do not accept students under the age of 18 who have not attended SLU 101 and 201**. Parents who enroll in 301 must agree to abide by the same rules and schedule as all other 301 participants. Parents, families or friends may not come to "take part" in the SLU 301 experience, but they can enroll as full participants. Please know that we will do a lot of walking, and this trip is physically demanding. Please be prepared to participate in 100% of the experience as an adult chaperone.

How are people roomed together at SLU 301?
Rooms are **double occupancy,** but you may also select to have a room to yourself for an additional charge of $850. You may request a roommate by entering their name with yours when you fill out the rooming list.

Can I extend my stay, and get the SLU hotel rate for SLU 301?
Yes. We will be staying at a Heathrow airport hotel that is a £50 ($95) taxi ride into London. If you would like to stay at this hotel, you can request a room through SLU via the rooming list link. The cost of the hotel room is $200 per night for double occupancy.

Travel/ Flight Questions

Do you have any suggestions for booking a domestic flight?
For groups needing assistance making flight arrangements, SLU recommends that you contact Go Travel Company. Ask for Kathy Nau at 800-800-7703 ext. 116 or Kathyn@gotravelorlando.com. With over thirty years of experience in the industry, Kathy is a great resource in helping groups find affordable flights. For domestic flights we suggest a minimum of a **4-hour layover** between domestic and international flight times on the outbound and **2.5 hours layover** on the return. Also, we recommend you start looking at finalizing your domestic flights by March 2027, and you must email us this final information no later than April 19, 2027.

Is it possible to book my own flight to SLU 301?
Yes, but you will need to meet SLU, with your luggage, at London Heathrow Airport baggage claim at 8:00 am on July 19, 2027. It is your responsibility to meet up with the group on July 19, 2027. If you have flight delays or are unable to meet the group at the scheduled time, travel arrangements and costs associated with meeting up with the group will be your responsibility. *Please note that there are several different terminals at the Heathrow airport, and you will receive an email by July 2, 2027 noting the terminal where you need to meet us if you are flying on your own as well as the cell phone number of an SLU contact in London on the travel day.*

Can I deviate my flight date on the arrival or departure if choosing the SLU group flight?
Our airline contract does not allow for deviation from the group. If you would like to deviate flight dates, please book your own flight and see "Is it possible to book my own flight?" question.

What airlines is SLU using for SLU 301?
All flights listed on our website are currently confirmed, but the airlines tend to adjust arrival and departure times in the months leading up to the trip. Final flights and times will be confirmed 120 days before departure. This will still give participants plenty of time to book their flights to these departure airports. Participants may not make any changes to flight selections after the February deadline without incurring a change penalty. It is your responsibility to arrange transportation to your domestic departure city. Flight times and airlines are subject to change without notice.

Do you have any flying tips for SLU 301?

- If your flight is delayed, or if you have an emergency on the travel date, you can contact your "travel day" SLU 301 staff member or our Orlando office at (407) 248-0300. You will be emailed with their information before the trip.
- For sleeping on the flight, try Dramamine, Advil or Tylenol PM, Melatonin, or Benadryl with your doctor's permission. Also pack a light blocking eye mask.
- When you arrive for your international flight: immediately check in and get your boarding pass. One hour before the flight- you must be at the departure gate for your flight, so you are ready to board.
- Make sure you eat the meal provided by the airline before you land as your first meal in Europe will be lunch.

What about security issues at SLU 301?
Remember that SLU doesn't "send" your child on these trips; we travel with your child. We would never risk your child's safety or our own. We actively watch for updates from the government on security issues or concerns. We are prepared to adjust the schedule as needed. Also, all travelers should consider registering at https://step.state.gov/step/ through the US Department of State as it allows them to better assist you should an emergency arise either at home or abroad.

Do you post social media updates on the trip?
For security reasons, neither SLU staff nor SLU participants post on social media while on the trip until we have left a location.

Dress Code, Packing Tips, and Money

Why is there a dress code at SLU?
SLU strives to set students up in such a way that they will have the confidence and wisdom to walk into any room whether now or in their future and be prepared for whatever is before them. We believe that how you present yourself is a vital part in that. The dress code is not meant to put a negative light on the students' experience but to help train each one of them to understand the importance of dressing modestly and appropriately for whatever situation they are about to walk into.

What is the dress code for SLU 301?
SLU 301's dress code is more casual than 201, so other than your graduation outfit, you will be fine in jeans, shorts, or capris for the trip. Some general guidelines:

- T-shirts are good for every day other than Normandy and graduation day. Be careful about what logos or slogans are on your T-shirts as you never know how your logo or slogan will be interpreted internationally. It is best for it to have no writing on it at all if you are not sure.
- Make sure to ensure that your shirts fully cover the front, back, sides and shoulders and are not overly tight. Sleeveless tops are suitable as long as the strap is wide enough that it covers the shoulders completely. Think cap sleeves and not tank tops.

- Shorts, skirts, and dresses must be of an appropriate length, not overly short (think 4 inch in-seam or longer). Shorts and skirts must be longer than the shirt.
- Backless sandals or flip flops should not be worn.
- Remember, please dress modestly. The dress code applies to all parts of the conference experience and applies to both students and adult leaders. If anyone chooses to dress outside of these guidelines, you will be asked to change by an SLU staff member.
- Special Days:
    - **Normandy**: Special dress guidelines for Normandy: Normandy is hot but windy. A sweatshirt or light jacket is a must. Collared shirts (for men), blouses or nice tops (for women) and jeans/pants should be worn this day. We dress this way at Normandy out of respect for our visit to the American Normandy Cemetery. We just ask that no T-shirts or shorts are worn on this day.
    - **St. Paul's During London Touring**: We recommend that ladies make sure to not wear a dress or skirt for the day we go to St. Paul's in case you want to climb the stairs while touring.
    - **Oxford/Graduation Day:** Dress Guidelines for graduation are as follows: Oxford during the day is the same as Normandy. Collared shirts (for men), blouses or nice tops (for women) and jeans/pants should be worn this day.

Do you have any packing tips?

- Bring **ONE piece of checked luggage**. Although the airlines will allow more for a fee, we don't have room on the bus for more than one per person. Go to www.tsa.gov for up-to-date information as this ruling is subject to change.
- Bring **one small carry-on** with you. This can either be a small duffel bag that can fit in your lap, a small rolling suitcase (like the ones you can carry-on airplanes) or a bookbag. You will use this carry-on for the three-night trip to Normandy and Paris. While rolling suitcases are typically easier to get around with, know that luggage storage is extremely limited. If your luggage cannot fit in the luggage bin or overhead, it is on your lap or at your feet. Also, in the past, people have just stored this small bag in their larger suitcase for the international flight and gotten it out when it arrived in London. We do not recommend this. Should luggage be delayed, you may not see your large suitcase until we arrive back in London, so it is best to have these with you, as well as, any medications you take, and toiletries. Plus, airlines typically do allow one carry-on and a personal item so you can take this and the other bag mentioned below on the plane.
- Bring **one small backpack or purse in addition to your luggage**. Pack any medications, toiletries, and a change of clothes in your carry-on in case your luggage arrives later than you do. It is also great to use while touring and to have with you on the long coach rides so you can have your snacks, syllabus, Bible, passport, etc. with you.
- Pack light! Think in terms of two tops for one bottom. Only take items you truly need. Too much stuff can be a burden on your trip. Pick out what you think you need and cut it in half.

- Roll your clothes rather than folding them. Many travel experts agree that rolling is superior to folding. Tightly rolled clothes take up less space and are less likely to wrinkle.
- Put a dryer sheet or two in your suitcase. Not only are they very light, but they will also keep your clothes smelling fresh.
- It will be hot, hot, and did we say, hot? Hats are a good idea; sunglasses and sunscreen are essential!
- Other "must-pack" items for SLU 301 (see full list on last page):
    - Small snacks that fit in your bags are great.
    - A good book or games for the coach; we have a couple days we are driving quite a bit or traveling on the Ferry.
    - good walking shoes
    - umbrella, rain jacket or poncho
    - electronics adaptor for UK and France (they are different)

Can you spell out for me what I need to pack in my bag that is going to Normandy and Paris?
Sure! Three of the seven nights that you will be on the SLU 301 trip will be spent away from the main London hotel. Therefore, you need to make sure you have outfits in your carry-on for Normandy, Paris, and our afternoon/ evening exclusives in London. We suggest two bottoms and four tops should be packed in this bag. Remember, you cannot wear shorts or T-shirts in Normandy. You will not need your graduation outfit in this carry-on so feel free to leave it in your larger London suitcase.

Do you recommend traveling with a cell phone?
This is up to you, but it is important that you review your cell phone plan before travelling overseas. Many carriers offer temporary international plans, and the cost varies for calls, data, and texting. Most of our hotels have internet access for free in the lobby so many participants, who do travel with cell phones, bring them so they can use them on the wi-fi at hotels. You will just want to make sure all data services are turned off if you intend to do this so you do not get charged roaming charges – it can be costly!

Outside of registration fees, what other expenses should I plan on for the trip?

- If during registration you select one of the designated flight paths provided by SLU (includes specific domestic departure cities), your roundtrip international airfare is included in your registration. However, it is your responsibility to arrange transportation to and from the selected **domestic departure city**.
- You need about $120 for meals, tips, and optional soft drinks. You can get British pounds and Euros at your local bank in the US. Credit cards are also widely accepted, and shopping times vary based on the schedule. Included in this suggested $120 is:
    - You have **three meals** you are responsible for at SLU 301 (plan on around $40).
    - **Coach Driver and Guide Tips:** Each participant (students and adults) should plan to bring $80 total for this. Tips can be in any currency, as long as the value adds up to $80, but it is best in US dollars. We will collect this money at the beginning of the trip so that we can distribute

this to our guides and drivers throughout the trip in both Paris and London.

- Cost of UK ETA (10 GBP – around $12.83) and European ETIAS when it launches (around $8)
- Outside of souvenirs, there are some **optional opportunities** you may want to bring money for. These options vary by location or venue but typically range from 5 GBP (or Euro) to 20 GBP/ Euro:
    - There are optional tours that you may take advantage of during your free time at Oxford, such as the C.S. Lewis walk or The Christ Church, as well as great shopping opportunities, so plan to bring some extra money for this.
    - Sometimes attendees opt to climb the Eiffel Tower if time allows.

What about changing money and how much money do we need to bring?

- Money can be changed at your US departure airport (if you have time) at the currency exchange or at your local bank in the US. Credit cards are also widely accepted but be careful as you may be charged foreign transaction fees.
- You have three meals you are responsible for while at SLU 301 as noted above.
- Outside of these meals, the rest of the foreign currency you will need is for souvenir shopping or if you want sodas, a spot of tea, or snacks while on the trip. Unless you are planning on doing some serious shopping, most attendees have been fine with 50 to 80 Euros and 100 to 125 GBP.

Would you use a debit card overseas?
Typically, our staff does not do this since sometimes banks put a hold on the money in your bank account for a couple of days. Even though some debit cards can be used as credit cards, our staff choose to use "credit card only" cards and only used those for some serious souvenir shopping. Before your departure, be sure to alert your credit card company that you will be using your card overseas. Also, if you ever pay for anything overseas with a credit card, make sure you get a receipt, and check that receipt before leaving the store to ensure they charged the amount you discussed.

General Questions

Is there an emergency contact?
You may contact SLU at 407 248 0300, ext. 20 and a staff member will get the message to us as quickly as possible. We are constantly on the move at 301, and it is difficult to know whether we will have phone service at any given time. You may also leave a message at any of the hotels as shown on the itinerary and they will contact us in our room or leave a message.

Do I need to bring a medical release form?

- **Groups:** Group leaders must bring a medical release form for any minors attending without a parent/ guardian and keep them with you at all times during the program. Medical Release forms must empower your group leader

(not SLU) to authorize medical treatment for the students you are bringing to the program.

- **Singles:** Any student attending without a chaperone must complete the SLU Medical Release Form during the online registration process.

How do you deal with discipline issues?
We are a premier leadership training organization with high expectations for our students. We operate on an honor system. Our standard rule is that a breach of conduct results in an immediate phone call to the parent and the student being sent home on the next available flight at the expense of the parent. Remember as you are traveling that you represent someone – your group, your family, your country, and most importantly, our Savior. Make sure you use wisdom in how you carry yourself and set an example.

How are dietary restrictions or food allergies able to be met on 301?

- If you have special dietary restrictions or food allergies, they must be submitted to SLU at the time of registration to ensure our team can serve you well. Please note, that many meals are served buffet style while traveling internationally. If you have severe allergies where you cannot eat off a buffet, please contact SLU staff before registering so that we can discuss what options may be available for you.
- If something comes up after registration, you can update your registration information up to April 19, 2027 deadline by clicking here. Please be sure to offer specifics on what you cannot eat and what can be substituted.
- We will make every effort to accommodate, but there may be certain times when this is not possible. We strongly recommend that you bring prepared foods or snacks with you that are compliant with your dietary needs since not all dietary restrictions can be accommodated while traveling internationally.

What if I have special medical needs?
SLU is not equipped to provide medical assistance such as injections, etc. Please send a detailed explanation by email to nikki@slulead.com of your medical condition and needs so that we can assess whether we can assist you**. It is the responsibility of the individuals to contact SLU prior to registration concerning any specific medical issues**. Always pack a backup of medications in case one is lost and bring along the names of your prescriptions as well as the doctor's name, address, and phone number.

Do I need to bring any medications?
If you are taking prescription or over-the-counter medications, be sure to pack enough to last your entire trip, as well as a little extra in the event of unexpected delays. Carry each medication in its original container with the label and pack it in your carry-on bag. Traveler's diarrhea and/or upset stomach are the most common conditions for travels. It is recommended to bring Imodium AD and/or chewable Pepto Bismol tablets.

Will I need an adapter to charge my electronics at SLU 301?
Yes, you will need to bring adapters for UK and France for any electronic devices you wish to use.

Will hotels have hair dryers and irons?
You are not guaranteed to have hair dryers and irons at every hotel (especially the boutique hotels we are at while in Normandy). While you can try and bring your own from the states, many times (especially with the hair dryers) the plugs cannot handle the voltage of certain US devices, and they tend to overheat or blow a circuit. Your best bet is to bring clothes that don't wrinkle and be prepared to be flexible if you can't use a blow dryer.

What should I be doing now to prepare for the trip?
Here are some tips of some things you can be doing in advance to prepare for this great adventure.

- **Be prepared and start reading now!** Check out anything you can get on Churchill, John Wesley and the Holy Club, C.S. Lewis, King Henry VIII, WWII, the treasures of the British Museum, British Library (Magna Carta), bios on C.S. Lewis and Tolkien. Check out the SLU recommended reading list to prepare for SLU 301.
- **Consider entering the SLU 301 Essay Contest:** Send us a lesson that you have learned about leadership from a person, place, or event in European history or the sites we are going to see. Be original and keep it to no more than 400 words. Send your thoughts by email to: alumni@studentleadership.net by **July 8, 2027,** and put "SLU 301 CONTEST" in the subject line. To be eligible, you must comply with all instructions as listed. You will be notified by email if you win.

What will I receive in the "pre-trip" briefing prior to the trip?
You will receive the following information via email from us, approximately three weeks prior to the trip:

- Link with an electronic version on the syllabus (you will receive the printed copy once you arrive at SLU 301).
- Updated schedule and program briefing with travel tips and cell phone number of SLU Staffing contact for your airport (only for SLU flights) in case you need to get in contact with them regarding flight delays
- You will also get the following personalized emails before the trip:
    - If you are not traveling with us on a SLU flight, you will get instructions via email detailing what Terminal at the London Heathrow airport you need to meet the SLU staff on July 19, 2027, at 8 AM.
    - If you are traveling with us on a SLU flight, you will get an email with your confirmation number, ticket number, and flight itinerary.

Finally, approximately two weeks before the trip, you will receive the following:

- (VIA US MAILTO THE ADDRESS ON YOUR ACCOUNT. IF YOU ARE REGISTERED AS A GROUP, THIS WILL GO TO YOUR GROUP LEADER) Name tag, luggage tags and schedule update.

SLU 301 Packing Suggestions Check List

Since this conference packet is full of suggestions on what you need at SLU 301, here is a summary list so you have everything in one place. Make sure you read the entire conference packet, so you don't miss any details.

THE ESSENTIALS:

- ☐ Your sense of adventure and flexible attitude
- ☐ Suitcase (bring a larger one if you plan on getting a lot of souvenirs)
- ☐ Carry-on for Normandy and Paris Days
- ☐ Small backpack or purse to carry things while touring
- ☐ SLU Nametag, luggage tag, and syllabus
- ☐ Passport and Xerox copy of your passport
- ☐ Printed copy of your UK ETA & Europe ETIAS confirmation linked to passport you are traveling with
- ☐ Clothes that follow dress guidelines (see special guidelines for Normandy & Oxford Graduation outfit)
- ☐ Good shoes you can do a lot of walking in (make sure you break these shoes in before the trip)
- ☐ $80 tip money in US currency to give to SLU staff upon arrival for drivers and guides
- ☐ Money for 3 meals on your own (suggested $40)
- ☐ Bible
- ☐ Pen/ highlighters
- ☐ Sunscreen and sunglasses
- ☐ Umbrella/ Poncho/ or rain jacket
- ☐ Convertors for France and England (they are different)
- ☐ Toiletries
- ☐ All Medicines (including copies of prescriptions) plus it is also a good idea to pack a small medical kit with items like band-aids, sleep aids for the plane, and medicine for headaches or nausea (Imodium).

SUGGESTIONS TO SET YOU UP FOR SUCCESS:

- ☐ Phone/ camera to take pictures with
- ☐ Extra charger/ battery pack for phone to use during the day
- ☐ Travel alarm clock/ watch
- ☐ Journal
- ☐ Lots of snacks
- ☐ Rolls of travel toilet paper/ tissues/ hand sanitizer
- ☐ Good book or games for the coach rides and Ferry Rides (especially traveling to and from France)
- ☐ Bring your own ear buds to use with the guides instead of having to use the provided headphones (needs to be the old plug-ins - not new iPhone plugs)
- ☐ Plastic bags for dirty clothes